

PUBLIC PROGRAMS

- Scheduled Recreational and Lap Swims
- Senior Citizen Programs
- Swimming Lessons (Tots, Preschool, Youth, Adult)
- Water Exercise Programs
- Pool Party Rentals
- American Red Cross Safety Courses
- Special Community Events
- Regional Training Center for
- Competitive Aquatic Sports
- Banquet Hall Rentals

UPCOMING EVENTS

- Jul 7-9 Water Polo Tournament
- Jul 18-22 Speedo Champions Series Swim Champs
- Jul 23 Midlakes Swimming "A" Championship
- Jul 27-30 PNS Long Course Swimming Champs
- Aug 26 Federal Way Festival Days Community Event


**Weyerhaeuser
King County
Aquatic Center**
650 SW Campus Drive
Federal Way, WA 98023-8425
www.metrokc.gov/parks



King County

Recreation Pool

Summer Schedule
June 26 - September 3, 2006
Seattle (206) 296-4444
Tacoma (253) 927-5173

Hours	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
8:00am-9:00	Low Impact Exercise	Adult/Senior Swim	Low Impact Exercise	Adult/Senior Swim	Low Impact Exercise	Events	Events
9:00-11:30	Lessons	Lessons	Lessons	Lessons	Lessons		
11:30-12:30	Family Swim **	Family Swim **	Family Swim **	Family Swim **	Family Swim **	11:30-1:30 Public Swim *	11:30-1:30 Public Swim *
12:30-1:30	Ad/Sr Lap	Ad/Sr Lap	Ad/Sr Lap	Ad/Sr Lap	Ad/Sr Lap		
1:30-3:30	Public Swim *	Public Swim *	Public Swim *	Public Swim *	Public Swim *	1:30- Rentals	1:30- Rentals
4:30-7:30	Lessons	Lessons	Lessons	Lessons	until-7:00 Rentals		
7:30-8:30	Public Swim *	Public Swim *	Public Swim *	Public Swim *	Public Swim *		

* Children younger than 6 years old must each be supervised in the water by an adult within arm's reach at all times
** During Family Swims, all children must be accompanied in the water by an adult (one adult per three children)

SWIMMING LESSONS

Morning Sessions
(1/2 hr, 9:00-11:30am, M-F)
Monday-Friday
Jul 3-Jul 14 (10 lessons)
Jul 24-Aug 4 (9 lessons) no class Jul 29
Aug 7-Aug 18 (10 lessons) **pending**
Aug 21-Sep 1 (10 lessons) **pending**

Evening Sessions
(1/2 hr, 4:30-7:30pm M&W, T&Th)
Monday & Wednesdays
Jul 3-Aug 2 (8 lessons) no class Jul 17 & Jul 19
Aug 8-Aug 30 (8 lessons) **pending**

Tuesday & Thursdays
Jul 6-Aug 3 (6 lessons) no class Jul 18, Jul 20 or
Jul 27
Aug 8-Aug 31 (8 lessons) **pending**

CANCELED SWIMS
July 4 after 3:30, July 15, possible short closure
in August, check with staff, Sep 2-4

TELEPHONE RELAY SERVICE: 711



King County

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Seattle (206) 296-4444 Tacoma (253) 927-5173
Visit our website at metrokc.gov/parks

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Competition Pool

Hours	Monday	Tuesday	Wednesday	Thursday	Friday
5:30am-8:00	Lap Swim*	Lap Swim*	Lap Swim*	Lap Swim*	Lap Swim*
5:30am-11:30	Team Training	Team Training	Team Training	Team Training	Team Training
11:30-1:30pm	Lap Swim*	Lap Swim*	Lap Swim*	Lap Swim*	Lap Swim*
11:30-6:30	Team Training	Team Training	Team Training	Team Training	Team Training
6:30-8:00	Team Training	Team Training	Team Training	Team Training	Team Training
6:30-10:00	Team Training	Team Training	Team Training	Team Training	Team Training

* To maximize use of the facility, team workouts are scheduled during lap swim times. Lanes for lap swimmers may be limited. The competition pool is currently set at 50 meters and ranges in depth from 9 to 10.5 feet. It is intended for lap swimming only. The starting blocks are closed to lap swimmers. Entry into the water must be done in a careful, feet-first manner only. Circle swimming is required in lanes with 3 or more lap swimmers. Participants may be asked to pass a 50-meter swim test to be allowed to swim in the competition pool.

Canceled Swims:

Jul 7-9 11:30-1:30
Jul 15 11:30-1:30
Jul 18 11:30-1:30
Jul 19-22 all day
Jul 23 11:30-1:30
Jul 28-30 all day
Aug 14-on
Sep 2-4 all day

Events:

Water Polo Tournament
Maintenance
Speedo Champions Series Swimming Championship
Speedo Champions Series Swimming Championship
Midlakes Swimming "A" Championship
Pacific NW Swimming Long Course Champs
possible short closure, check with staff
Labor Day Holiday weekend



King County

2006 POOL FEES

LESSONS

Swimming lessons for all abilities are available for students year-round from ages 6 months through senior citizens. Pre-tests are held free of charge to determine proper class level placement. Specialty courses are offered including: CPR, First Aid, Lifeguard Training and Water Safety Instructor training. Private and semi-private lessons are offered on a very limited basis. Please call for the class schedule and registration information.

GENERAL ADMISSION (Tax Included)

Recreation Pool:		Competition Pool:	
Rec Pool Family Swim**		Comp Pool Lap Swim	\$5.00
All participants	\$3.25	Sr Citizen (62+) & People w/Disabilities	\$3.50
Public Swim*			
Children, Adults & Sr Citizens	\$3.25		
People w/Disabilities	\$2.50		
Rec Pool Adult & Senior Lap Swim		Low Impact Water Exercise (Rec Pool)	
Adult	\$5.00	Adult \$6.25 - 10-visit Card	\$61.50
Sr Citizen (62+) & Disabled	\$3.50	Sr Citizen (62+) \$4.75 - 10-visit Card	\$42.00
Shower	\$3.25		

* Each child younger than 6 yrs old must each be accompanied in the water by an adult
** All children must be accompanied in the water by an adult during Family Swims (one adult per three children)

RENTALS

Great for birthday parties, private groups and business meetings. Scheduled during non-program hours.

Rec Pool, 1-25 people	\$100.00/hour	Party Room Rental	\$37.00/hour
Rec Pool, 26-60 people	\$130.00/hour	Lobby Rental	\$89.00/hour
			+ staffing & deposits

POOL PASSES

Save money while you swim! Swim at least three times per week to save money. Passes make great gifts.

Type	3 Months	1 Year
Youth (1 year-17 years)	\$107.25 + tax	\$312.00 + tax
Adult	\$156.75 + tax	\$456.00 + tax
Family	\$275.00 + tax	\$624.00 + tax
Senior Citizen (62+)	\$107.50 + tax	\$273.00 + tax
Disabled	\$82.50 + tax	\$260.00 + tax

GIFTCERTIFICATES

Give the gift of health! Good for any programs.

TELEPHONE RELAY SERVICE: 711

